



## “I Will Stay Awake with You”

By Bonnie Kelley and Lucky Sweeny

“I will stay awake with you,” is an act of service and commitment on the journey to realizing our true self. It is clear that what is happening now is both a *self* and a *collective* process. Unlike the Piscean Age imagery of THE savior, we are stepping into the Aquarian Age imagery of I AM You and You are Me. There is no separation, and my development is directly linked to your development. *All boats rise on the tide.*

I will stay awake with you. First I must stay awake: Awake to myself, awake to the surrounding environment, awake to the presence of the other. I make a commitment to do my work, to expand my consciousness, to free myself from limitations. I’m free to accept my own divinity. And I agree to hold for you, that you can do the same.

We believe this is a new form of relationship that will naturally arise in evolutionary circles as we move into the greater acceleration.

During a meditation about this process, this statement came forward:

*“I will stay awake with you. I see and hold your Divine Presence as who you are, now and forever. This will never change regardless of appearances, attachments, fears, doubts, or emotions. I will stay awake with you as you come to know, anchor, and live your true self as a Divine Being. I am awake with who you truly are.”*

This new relationship occurs between two or more individuals holding the promise of the divine nature of the other. It can happen between couples, friends, circle members, wherever conscious seekers are gathered.

As we explore the concept of this relationship, we see three roles: I, You, and We. These are the beginnings of our thoughts on this new practice of “**I will stay awake with You.**”

### I

The I represents the individual commitment to participate in this original relationship. The I will stay awake. This has at least two meanings...the I will stay awake, and the I will stay awake for you. Unless the I can stay awake to its own process, it will not be able to hold the sacred space for the joint alchemy.

The I knows its own inner landscape or is at least in the process of knowing. The I is committed to its own awakening. The I knows its own limitations and needs, as well as strengths and abilities. This doesn't mean that the I is fully realized; the I can be at any point along the path of self-discovery and self-realization. The defining factors are commitment, willingness to be in self-exploration, and a good sense of personal boundaries.

The I is making this commitment with its own higher self, knowing that the process pulls the I to higher ground. In this relationship of staying awake with another, the I opens itself to seeing the Divine in the other... as Itself. This is a process of mutuality. The I and the You are learning to stay awake together.

What this requires:

A Willingness: to see the divinity in myself and others, to be aware of one's own inner landscape, to know my strengths and weaknesses, to set personal boundaries.

A Commitment: to my own personal evolution, to make a contribution to individuals and to the planet, to my own awakening.

## YOU

The YOU is the receiver *and* the reflection. YOU requires accepting vulnerability and opening to trust in another. Being the YOU demonstrates willingness and the commitment to be seen as a whole person. YOU embraces the gifts of connecting, feeling strengthened, and supported to feeling "not alone." The You is held in the gaze of the I who believes in the You, creating a safe birthing field for the True Self.

The You risks being seen in its imperfection, which each of us knows. The connection moves both the You and the I out of dark corners and opens space to the Light of the Divine. One feels entirely vulnerable and yet at the same time, filled with a sense of being held. This mutuality is a container holding the YOU that feels the chaos and formlessness. The union of the I and You affirms the universality of all beings and the co-creation with Spirit is revealed. Both You and I are propelled forward on the journey to the fully awakened self.

What this requires:

A Willingness: to let go of aloneness, to receive, to be vulnerable, to trust, and to accept what is true now  
to connect to something greater than yourself.

A Commitment: to personal evolution, to the process.

## WE

The cooperation of the two (I and You) creates a relationship that illuminates our universal nature. We hold a vision of awakening for everyone. We understand our intimate process is a

building block in a larger movement involving all of creation. We emerge from a self centered viewpoint to know ourselves as a planetary family.

Being Awake is a joint mission between consenting individuals. And the roles can shift at any moment. The WE creates a field of consciousness that affirms and strengthens the true nature of each other. From the union of the We, something greater than the two is birthed, and the emerging creation summons Spirit to be present. This triangle of co-creation, I, You, and Spirit, is the engine of transformation, for the self, for humanity, and for the planet.

What are the results of the WE?

A sum larger than its parts...Co-creation, Expanded consciousness, Interrelatedness, Oneness with the Divine, Transformation, Co-evolution, Community

About the Authors:

We are partners in Evolutionary Women, an organization dedicated to the conscious evolution of humankind. For the last 6 years we have been part of a community committed to the principles of Conscious Evolution as presented by Barbara Marx Hubbard and others. Working in community, we're learning how to make the evolutionary principles an active part of our relationships and daily lives.

We are committed to our own evolution and the creation of new models of living and relating that will assist the individual, the collective, and the planet to move through the current transition. We offer evolutionary coaching and community building to individuals and groups. Please contact us to talk about our services.

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